

Stanwood High School
Family/Student Resource List
2022-2023

On Campus Resources

- School Counselors, drop-in visits;
Counselors based on student last name
Paige Watson A-Em (pwatsonschorrnack@stanwood.wednet.edu)
Maren Holzinger En-K (mholzinger@stanwood.wednet.edu)
Tricia Tayon L-Rh (ttayon@stanwood.wednet.edu)
Emily Elde Ri-Z (eelde@stanwood.wednet.edu)
- Therapeutic Health Services (Mental Health - Substance Use) see School Counselor or Student Support Advocate for referral
- Catholic Community Services Mental Health Counseling (Telehealth); see School Counselor or Student Support Advocate for referral
- Student Support Advocate Azra Grudic 360-629-1300 or 360-965-8875 for assistance with basic needs, and referrals for mental health counseling
- Hope Backpack Meals; see School Counselor or Student Support Advocate

Off Campus Resources

- Community Resource Center of Stanwood Camano: 360-629-5257 relief@crc-sc.org
- Stanwood Camano Food Bank: (360) 629-2789
- Catholic Community Services Mental Health Counseling (Telehealth); see school Counselor or Student Support Advocate for referral
- **Apple Health:** Access Line Schedules mental health appointments if Apple Health/Medicaid eligible (888) 693-7200
- Basic Food/EBT: <https://www.dshs.wa.gov/esa/community-services-offices/basic-food>
- Check with your Medical Insurance Company for Mental Health Counseling
- General Information and Referral 211
- Davis Place 9612 271st NW, Stanwood (360) 629-5257
www.stanwoodcamanoresources.org Homework help.
- Crisis Text Line: 741741
- Teen Link 6-10 p.m. (866)833-6546
- C.H.A.L.K.'s National Youth Talk Line (888) 977-3399
- National Runaway Safeline (800) 786-2929
- GLBT National Youth Talk Line (800) 246-7743
- Recovery Helpline 24/7 (866) 789-1511
- Providence Sexual Assault (425) 252-4800